

D. Supporting Students with Mental Health Needs and Developmental Trauma in the Schools

February 28, 2020

8:30 – 4:30 pm

6 Contact Hours (.6 AOTA CEUS)

Kim Barthel, BMR, OTR

Educational Level: Introductory

Audience: OTs, PTs, SLPs, Educators and interested others

Course Description

This one-day introductory workshop is designed for educators and allied professionals supporting children with mental health needs in the classroom. Often teachers are concerned with their students who experience anxiety, behavioral challenges and learning difficulties. There is always a reason for the behavior. Understanding the impact of early developmental trauma, common pediatric mental health challenges, and how these influences affect the brain, behavior and learning is often a game-changer for teachers. Preliminary problem-solving will be offered assisting in the reasoning of how and when to alter the classroom environment, the curriculum or the relational elements of the teaching/therapeutic process.

Course Objectives

The participant will be able to:

1. Develop a preliminary understanding of the impact of developmental trauma and common mental health challenges upon the developing brain, learning and behavior
2. Develop skills of attunement and regulation through relationship in the classroom
3. Develop problem-solving skills related to the assessment and alteration of the environment to support safety and regulation within the classroom
4. Develop a preliminary framework for a mental health sensitive curriculum that permits inclusivity and security within student learning

Agenda

8:30 - 10:15 What is developmental trauma, what are common mental health challenges, and how do these impact brain development, learning and behavior?

10:15 – 10:30 Break

10:30 – 12:00 Practical skills of attunement and regulation through relationship to support students with behavioral challenges and mental health issues

12:00 – 1:00 Lunch

1:00 – 2:30 Develop clinical reasoning skills to evaluate the environment in support of students with mental health challenges

2:30 – 3:00 Break

3:00 - 4:30 Trauma Sensitive curriculum: Elements of curriculum and attuned teaching

strategies

Speaker

Kim Barthel, BMR, OTR



Kim Barthel is a sought-after speaker and occupational therapist, best-selling author and internationally recognized clinician in the area of childhood trauma, attachment theory and sensory processing. Kim provides cutting-edge insights into the neuroscience of childhood trauma and travel extensively worldwide to educate and empower therapists, educators, parents and caregivers to support vulnerable children. Kim's mission is to support the conscious evolution of the human spirit.

Disclosure Statement: Ms. Barthel is co-founder of Relationship Matters Consultancy, Inc. Ms. Barthel receives an honorarium for presenting at the Symposium. She also receives revenue from any direct sales of her publications.

For more Information:

Visit <http://kimbarthel.ca/>



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